

## University of Okoboji Winter Games 5K/10K 2012

## Race Results

<u>Race</u>	<u>First Name</u>	<u>Last Name</u>	<u>Age Group</u>	<u>Time</u>	<u>Place</u>
10K Men	Ben	Kocak	13 to 18	40:00	First
10K Men	David	Bohlken	19 to 29	NA	
10K Men	Shawn	McKenzie	19 to 29	51:15	
10K Men	Jesse	Puck	19 to 29	42:26	
10K Men	Tyler	Schultz	19 to 29	41:05	Third
10K Men	Jeff	Stuckenbroker	19 to 29	33:39	First and Overall
10K Men	Kyle	Weis	19 to 29	40:15	Second
10K Men	Bryan	Aitchison	30 to 39	50:29	
10K Men	Matthew	Ashton	30 to 39	54:44	
10K Men	Chad	Besch	30 to 39	41:50	First
10K Men	Josh	Carr	30 to 39	46:10	
10K Men	Nathan	Caviness	30 to 39	47:04	
10K Men	Tim	Fencl	30 to 39	NA	
10K Men	Michael	Mace	30 to 39	51:34	
10K Men	Adam	Osher	30 to 39	53:19	
10K Men	Jeff	Prier	30 to 39	42:03	Second
10K Men	Jamie	Voss	30 to 39	45:54	Third
10K Men	Charles	Woodward	30 to 39	44:56	
10K Men	Lance	Bergeson	40 to 49	39:02	First
10K Men	Stacey	Carlson	40 to 49	49:56	
10K Men	Richard	Dirks	40 to 49	45:13	
10K Men	Dean	Dziedzic	40 to 49	44:21	
10K Men	Larry	Guenther	40 to 49	52:30	
10K Men	Jeff	Johnson	40 to 49	42:39	Third
10K Men	Anthony	Peters	40 to 49	43:13	
10K Men	Ronald	Schramel	40 to 49	53:27	
10K Men	Paul	Skopec	40 to 49	40:22	Second
10K Men	Duane	Youngwirth	40 to 49	66:40	
10K Men	Lowell	Appleton	50 to 59	54:07	
10K Men	Doug	Bakkene	50 to 59		
10K Men	Ross	Cox	50 to 59	69:43	
10K Men	Brad	Farrar	50 to 59	44:01	Second
10K Men	Jay	Grandprey	50 to 59	43:40	First
10K Men	Bruce	Juber	50 to 59	46:22	Third
10K Men	Doug	Lockwood	50 to 59	50:04	
10K Men	Stew	Murfield	50 to 59	47:40	
10K Men	Tom	Snyder	50 to 59	52:18	
10K Men	Tom	Tecklenburg	50 to 59	53:01	
10K Men	Dave	Appleby	60 and over	54:27	Third
10K Men	Larry	Meyers	60 and over	45:19	First
10K Men	Jerry	Van Es	60 and over	57:06	
10K Men	Harlan	Vander Griend	60 and over	50:09	Second

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10K Women	Marie	McNamara	13 to 18	48:02	First
10K Women	Stephanie	Beckley	19 to 29	53:33	
10K Women	Michelle	Delaney	19 to 29	51:34	
10K Women	McKenzie	Dziedzic	19 to 29		
10K Women	Christa	Heckenlively	19 to 29	50:36	
10K Women	Ashley	Leitner	19 to 29	50:27	
10K Women	Ashley	Loehr	19 to 29	46:04	First and Overall
10K Women	Alyssa	Sackett	19 to 29	50:03	Third
10K Women	Jenni	Spooner	19 to 29		
10K Women	Robin	Weiler	19 to 29	58:44	
10K Women	Lauren	Wilkerson	19 to 29		
10K Women	Rachel	Wilson	19 to 29	47:20	Second
10K Women	Cathleen	Borst	30 to 39	47:40	Second
10K Women	Jessi	Carlson	30 to 39	48:52	Third
10K Women	Kelli	Doorenbos	30 to 39	65:29	
10K Women	Jenn	Fast	30 to 39	56:13	
10K Women	Kecia	Fencl	30 to 39	NA	
10K Women	Erin	Frerichs	30 to 39	49:49	
10K Women	Kristin	Johnson	30 to 39	62:49	
10K Women	Kristina	Miller	30 to 39	49:40	
10K Women	Jen	Muchlinski	30 to 39	46:25	First
10K Women	Nancy	Reynolds	30 to 39	49:29	
10K Women	Theresa	Wells	30 to 39	52:14	
10K Women	Ann	Fitzgibbons	40 to 49	54:50	Third
10K Women	Amy	Kelly	40 to 49	55:40	
10K Women	Michelle	Lachner	40 to 49	NA	
10K Women	Kristi	Maricle	40 to 49	55:38	
10K Women	Kathy	Molden	40 to 49	60:00	
10K Women	Holly	Neusch	40 to 49	48:52	Second
10K Women	Teresa	Paulson	40 to 49	57:41	
10K Women	Polly	Sanson	40 to 49	NA	
10K Women	Stannetta	Svoboda	40 to 49	46:46	First
10K Women	Kim	Van Es	40 to 49	55:32	
10K Women	Cheri	Bosman	50 to 59	55:22	Second
10K Women	Suzanne	LaMaack	50 to 59	60:15	Third
10K Women	Andriette	Wickstrom	50 to 59	46:17	First
10K Women	Barb	Wilkerson	50 to 59		

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5K Men	Ethan	Albright	12 and younger	23:54	Second
5K Men	Rian	Byers	12 and younger	26:03	
5K Men	Nick	Cornwall	12 and younger	26:07	
5K Men	Drew	Hickerson	12 and younger	23:52	First
5K Men	Ryan	McNamara	12 and younger	24:40	Third
5K Men	Cole	Rensink	12 and younger	29:40	
5K Men	Junior	Wilkerson	12 and younger	38:00	
5K Men	Mark	Ahlecs	13 to 18	24:37	
5K Men	Kyle	Anderson	13 to 18	18:36	Third
5K Men	Jacob	Andringa	13 to 18	24:37	
5K Men	Ryan	Bauermeister	13 to 18	18:05	Second
5K Men	Keith	Byers	13 to 18	17:57	First and Overall
5K Men	Patrick	Ellrich	13 to 18	28:02	
5K Men	Alec	Harrington	13 to 18	22:17	
5K Men	James	Hayden	13 to 18		
5K Men	James	Hayden	13 to 18	20:51	
5K Men	Austin	Helmink	13 to 18	24:12	
5K Men	Matt	Jirele	13 to 18	18:47	
5K Men	Derek	Lonneman	13 to 18	20:58	
5K Men	Harley	Luhmann	13 to 18	22:34	
5K Men	Ryan	Maris	13 to 18	23:10	
5K Men	Josh	Pauley	13 to 18	20:13	
5K Men	Jack	Pitsor	13 to 18	22:56	
5K Men	Elijah	Gelhaus	19 to 29	24:20	
5K Men	Isaac	Gengler	19 to 29	22:53	
5K Men	Brandon	Harris	19 to 29	21:39	Third
5K Men	Daniel	Hight	19 to 29	32:38	
5K Men	Sean	Keisling	19 to 29	20:36	Second
5K Men	Jordan	Metz	19 to 29	24:02	
5K Men	JJ	Nitz	19 to 29	26:03	
5K Men	Tom	Nostrom	19 to 29	18:36	First
5K Men	Jarad	Otten	19 to 29	25:44	
5K Men	Matt	Schultz	19 to 29	22:18	
5K Men	Adam	Storey	19 to 29	27:11	
5K Men	Ryan	Christoffel	30 to 39	24:34	Second
5K Men	Eric	Householder	30 to 39	21:01	First
5K Men	Matthew	Skaret	30 to 39	28:31	Third
5K Men	Kurt	Ahrenstorff	40 to 49	26:49	
5K Men	Aaron	Albright	40 to 49	24:31	
5K Men	Steve	Alger	40 to 49	26:46	
5K Men	Jerry	Beenken	40 to 49	20:57	Second
5K Men	Kristoffer	Breien	40 to 49	24:28	
5K Men	Randy	Cornwall	40 to 49	27:10	
5K Men	Tom	Fuller	40 to 49	25:34	
5K Men	Teresa	Goehring	40 to 49	29:17	
5K Men	Jon	Grice	40 to 49	26:36	

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<u>Race</u>	<u>First Name</u>	<u>Last Name</u>	<u>Age Group</u>	<u>Time</u>	<u>Place</u>
5K Men	Jason	Harrington	40 to 49	22:25	Third
5K Men	Matt	Hilsabeck	40 to 49	26:00	
5K Men	Bob	Jirele	40 to 49	20:21	First
5K Men	Jim	Tighe	40 to 49	23:53	
5K Men	Mark	Byers	50 to 59	25:23	Third
5K Men	Dean	Clasen	50 to 59	31:33	
5K Men	Ivan	Dorhout	50 to 59		
5K Men	Jay	Drenth	50 to 59	26:48	
5K Men	Stephen	Fox	50 to 59	34:23	
5K Men	Gary	Gould	50 to 59	24:00	Second
5K Men	Greg	Grupp	50 to 59	34:08	
5K Men	Greg	Haburn	50 to 59	33:42	
5K Men	Mark	McGill	50 to 59	25:31	
5K Men	Jim	Nelson	50 to 59	21:25	First
5K Men	Warren	Peterson	50 to 59	28:25	
5K Men	Pete	Wegman	50 to 59	36:19	
5K Men	John	Wilson	50 to 59	30:49	
5K Men	Jim	Andringa	60 and over	29:24	
5K Men	Brian	Ford	60 and over	34:21	
5K Men	Steve	Franker	60 and over	31:43	
5K Men	Jim	Hitchcock	60 and over	33:32	
5K Men	Wally	Jorgensen	60 and over	29:19	Third
5K Men	Doug	Pohlman	60 and over	25:00	First
5K Men	Daniel	Schnelle	60 and over	25:59	Second
5K Men	Doug	Syring	60 and over		
5K Men	Rick	Wilkerson	60 and over	40:30	

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5K Women	Erin	Block	12 and younger	26:11	
5K Women	Kourtney	Delperdang	12 and younger	24:55	First
5K Women	Ali	Goehring	12 and younger	28:09	
5K Women	Avery	Heikens	12 and younger	30:57	
5K Women	Merabeth	Heinitz	12 and younger	25:56	Second
5K Women	Maddie	Richter	12 and younger	25:56	Third
5K Women	Sadie	Voss	12 and younger	34:22	
5K Women	Allison	Wallace	12 and younger	43:00	
5K Women	Bre	Wilkerson	12 and younger	31:57	
5K Women	Olivia	Albright	13 to 18	23:20	First
5K Women	Hailey	Ebel	13 to 18	37:59	
5K Women	Elizabeth	Ellrich	13 to 18	28:01	
5K Women	Bailey	Heikens	13 to 18	23:56	Third
5K Women	Mikaela	Heikens	13 to 18	24:13	
5K Women	Justine	Heinitz	13 to 18	26:20	
5K Women	Alexandria	Helmink	13 to 18	30:43	
5K Women	Bailey	Hilsabeck	13 to 18		
5K Women	Daly	Tighe	13 to 18	23:44	Second
5K Women	Allyson	Whiting	13 to 18	25:30	
5K Women	Kate	Wilkerson	13 to 18	31:43	
5K Women	Jenna	Carlson	19 to 29	28:19	
5K Women	Samantha	Cook	19 to 29	NA	
5K Women	Anna	Davis	19 to 29	50:18	
5K Women	Kristin	Ellrich	19 to 29	21:41	Second
5K Women	Amy	Endrulat	19 to 29	29:04	
5K Women	Jessica	Fox	19 to 29	34:23	
5K Women	Sara	Friedrichsen	19 to 29	27:39	
5K Women	Jordan	Heikens	19 to 29	28:24	
5K Women	Krystal	Kooiker	19 to 29	29:44	
5K Women	Katie	Lonneman	19 to 29	26:46	
5K Women	Nicole	Mello Whitney	19 to 29	33:51	
5K Women	Kara	Nelson	19 to 29	21:03	First and Overall
5K Women	Sarah	Schmid	19 to 29	26:45	
5K Women	Kaleen	Schultz	19 to 29	27:35	
5K Women	Mari	Springer	19 to 29	23:55	
5K Women	Alicia	Stevens	19 to 29		
5K Women	Carly	Sutton	19 to 29		
5K Women	Samantha	Ten Napel	19 to 29		
5K Women	Annie	Wasson	19 to 29		
5K Women	Kristina	Welsh	19 to 29	29:06	
5K Women	Anne	Wieck	19 to 29	22:36	Third
5K Women	Molly	Christianson	30 to 39	29:51	
5K Women	Shannon	Farmer	30 to 39	30:03	
5K Women	Tina	Fluit	30 to 39	25:37	Second
5K Women	Melanie	Fuller	30 to 39	32:50	
5K Women	Trana	Householder	30 to 39	27:19	

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5K Women	Megan	Lee	30 to 39	27:17	
5K Women	Dee	Osher	30 to 39	26:52	
5K Women	Kim	Prier	30 to 39	29:14	
5K Women	Shannon	Rensink	30 to 39	24:46	First
5K Women	JoAnne	Sackett	30 to 39	31:23	
5K Women	Amber	Schweitzberger	30 to 39	28:32	
5K Women	Katie	Sprock	30 to 39	26:50	
5K Women	Shannon	Stone	30 to 39		
5K Women	Jasey	Van Kekerix	30 to 39	27:02	
5K Women	Tricia	Voss	30 to 39	34:26	
5K Women	Cari	Wallace	30 to 39	42:58	
5K Women	Sandra	Warren	30 to 39	32:05	
5K Women	Keely	Weiner	30 to 39	30:19	
5K Women	Jennifer	Will	30 to 39		
5K Women	Sarah	Will	30 to 39	55:52	
5K Women	Emily	Williams-Bouska	30 to 39	29:07	
5K Women	Cindy	Witt	30 to 39	26:41	Third
5K Women	Paula	Ahlers	40 to 49	26:21	Third
5K Women	Sam	Becker	40 to 49	30:35	
5K Women	Lori	Bower	40 to 49	32:03	
5K Women	Virginia	Bubke	40 to 49		
5K Women	Michelle	Clark	40 to 49	33:51	
5K Women	Michele	Goodenow	40 to 49	27:13	
5K Women	Shelley	Heikens	40 to 49	37:56	
5K Women	Ann	Heiman	40 to 49	24:28	First
5K Women	Shelly	Helminck	40 to 49	31:15	
5K Women	Jill	Jennings	40 to 49	50:20	
5K Women	Amy	Kelly	40 to 49	24:29	Second
5K Women	Trece	Lonneman	40 to 49	35:46	
5K Women	Jill	Peterson	40 to 49		
5K Women	Holly	Skopec	40 to 49	27:14	
5K Women	Marcy	Toews	40 to 49	26:26	
5K Women	Cari	Waters	40 to 49	30:51	
5K Women	Jana	Welp	40 to 49	35:17	
5K Women	Nancy	Dorhout	50 to 59	42:23	
5K Women	Paddy	Friedrichsen	50 to 59	32:57	
5K Women	Julie	Hansen	50 to 59	26:51	First
5K Women	Diane	Kroese	50 to 59	55:52	
5K Women	Sue	Nelson	50 to 59	29:15	Second
5K Women	Sarah	Plagman	50 to 59	47:39	
5K Women	Ronda	Sutton	50 to 59		
5K Women	Lynn	Wilson	50 to 59	30:48	Third
5K Women	Sally	Zweibahmer	50 to 59		
5K Women	Ethelyn	Fossum	60 and over	33:14	First